## **Owen Sound Partner Day!**



## Sunday, July 20 7:00 AM - 3:00 PM

FREE ACCESS for residents of the City of Owen Sound to the YMCA of Owen Sound Grey Bruce in recognition of their support in creating our beautiful YMCA Health, Fitness & Aquatics facility.

Come for a work out in our stateof-the-art conditioning centre, participate in a group fitness class, or enjoy these family activities:

- Open Swim: 10:30 11:30 AM
- Rec Swim: 11:30 AM 2:00 PM
- Family Gym: 1:15 2:45 PM

View the program schedule online.

## ymcaowensound.on.ca



