

# Owen Sound Partner Day!

**Sunday,  
January 25  
7:00 AM - 5:00 PM**

Owen Sound residents, enjoy **FREE ACCESS** to the YMCA of Owen Sound Grey Bruce, sponsored by the City of Owen Sound.

## Try a Fitness Class

- Stretch: 11:15 AM
- Kickboxing: 12:15 PM
- Bootcamp: 1:15 PM
- Core: 3:00 PM

## Enjoy the Pool

- Open Swim: 11:00 AM - 12:15 PM
- Rec Swim: 1:00 - 3:00 PM

## Have Fun in the Gym

- Pickleball: 9:30 AM
- Family Fun: 12:00 PM
- Basketball: 3:45 AM

**View our special Partner Day  
schedule online:  
[ymcaowensound.on.ca](http://ymcaowensound.on.ca)**



**owen  
sound**  
where you want to live

**Y**  
Owen Sound  
Grey Bruce  
Shine On