Owen Sound Partner Day!



Sunday, November 2 7:00 AM - 5:00 PM

FREE ACCESS for residents of the City of Owen Sound to the YMCA of Owen Sound Grey Bruce in recognition of their support in creating our beautiful YMCA Health, Fitness & Aquatics facility.

Come for a work out in our state-ofthe-art conditioning centre, participate in a group fitness class, or enjoy these family activities:

• Open Swim: 11:00 AM - 12:15 PM

• Rec Swim: 1:00 - 3:00 PM

• Family Gym: 1:30 - 3:30 PM

View the program schedule online.

ymcaowensound.on.ca

