

Media Advisory

Cooling Centres and Emergency Resources

Owen Sound, Ontario
FOR IMMEDIATE RELEASE
Wednesday, July 5, 2023

In response to the ongoing warm temperatures, the City of Owen Sound reminds residents that there are public places available throughout the City to keep cool. Cooling centres can be found at the following locations:

Owen Sound & North Grey Union Public Library

Monday: 1 p.m. to 8 p.m.

Tuesday – Thursday: 10 a.m. to 8 p.m.

Friday and Saturday: 10 a.m. to 5 p.m.

Julie McArthur Regional Recreation Centre/YMCA Shared Corridor

Monday – Friday: 5:45 a.m. to 10:00 p.m.

Saturday and Sunday: 7 a.m. to 4 p.m.

Bayshore Community Centre

Monday – Friday: 8:30 a.m. to 4:30 p.m.

Owen Sound City Hall

Monday – Friday: 8:30 a.m. to 4:30 p.m.

Water Refill Stations

Remember your reusable water bottle while on the go! Municipal tap water is clean and safe to drink, a great value for your money, and an environmentally friendly and healthy choice.

Water Refill Stations are conveniently available in these City facilities during regular business hours:

- [Bayshore Community Centre](#)

- [Julie McArthur Regional Rec Centre/YMCA Shared Corridor](#)
- [City Hall](#)
- [The Library](#)
- [Tom Thomson Art Gallery](#)
- [Visitor's Centre](#)

Residents with small children are reminded that the [Kelso Beach Splash Pad](#) is open.

Additionally, the [Harrison Park Pool](#) is open for free, sponsored swims during the following times:

- Wednesdays, 4:30 p.m. to 6:00 p.m.
- Thursdays, 4:30 p.m. to 6:00 p.m.
- Sundays, 3:00 p.m. to 4:00 p.m.

Tips for staying cool in warm temperatures:

- Stay in an air-conditioned indoor location as much as you can.
- Drink plenty of fluids, even if you don't feel thirsty.
- Schedule outdoor activities carefully.
- Wear loose, lightweight, light-coloured clothing and sunscreen.
- Pace yourself.
- Take cool showers or baths to cool down.
- Check on a friend or neighbour and have someone do the same for you.
- Never leave children or pets in cars.

If you need assistance, emergency shelter or amenities, please call [211](#). 211 is available 24 hours per day, seven days per week. An [online 211 resource](#) is also available.

For more information, please contact Heidi Jennen, Engineering Services at 519-376-1440 ext. 3223 or email to hjennen@owensound.ca.

Quick Facts:

- [211](#) is a community services helpline and website that provides a gateway to community, social, non-clinical health and related government services. It helps to navigate the complex

network of human services quickly and easily, 24 hours a day, seven days a week, in over 150 languages.

- Visit the City's [Cooling Centres webpage](#) for more information.

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