



# Owen Sound Sports Camp Newsletter

July 20-24

## At a Glance

5 days of sports camp offers the opportunity for your child to learn the basics of many sports, enjoy the company of other athletes, and engage in competition. The goal of the camp is for each camper to gain a fundamental understanding of a variety of sports while learning the importance of sportsmanship, competition, transferrable sports skills, communication, and team play. We can't wait to get started!

## Schedule

Location: Harrison Park, Owen Sound

### Every Day:

**9am - 10:15:** Warm-Up, Learning a New Sport

**10:15 - 10:30:** Snack & Water Break

**10:30 - 12:00pm:** Camp Games

**12:00 - 12:30:** Lunch (Harrison Park walk-up window open Tues - Fri)

**12:30 - 2:00:** Learning a New Sport / Game

**2:00 - 2:15:** Snack & Water Break

**2:15 - 4:00:** Camp Games

**Swimming Days:** Please ensure your son/daughter is prepared with swim wear on the following days: Monday, Wednesday, and Friday.

# What to Bring

Always come prepared for rain or shine!

Athletes should come to camp prepared with:

- Lunch or lunch money
- Snacks
- Water bottle (refill station available at the Harrison Park Inn)
- Athletic shoes
- Swimming apparel (Mon, Wed, Fri)
- Sunscreen / hat
- Baseball Glove / bat (optional)

If your son / daughter has any medical conditions for which they need any other supplies, please let us know on or before the first day of camp!

## Camp Instructor



Oliver Clark is a local high school teacher and lifelong sports enthusiast. He has been committed to growing sports programs and sportsmanship within the community for the last decade. He hopes to continue passing on his love of sportsmanship to youth in their critical developmental period through summer camps. Oliver always strives to foster a positive learning environment for every level of athlete. He looks forward to meeting the athletes at camp this year!